

How can we better support people living with and beyond cancer?

Can you help us shape how general practice teams successfully support people to take the lead on managing their long-term problems after cancer treatment?

What have we done already?

The team at the University of East Anglia has worked with patients, health care teams and commissioners to design an intervention. This intervention will help general practice teams to identify people who need help to self-manage after cancer treatment and provide support or sign-post people to local information and services. It has been designed to empower people to have more control over their health and wellbeing. See more on our [website](#).

A unique opportunity to inform the next steps in the research

We're looking for people to help us come up with a name for the research and how to make sure everyone's voices are heard when we test and roll out the intervention.

What will I need to do if I take part?

- The first step is to tell us if you are interested in joining us by filling out a [form](#).
- Join an online workshop – either on 3rd or 7th of March 2022.
- We aim for the workshop to be fun and engaging – working through activities in smaller groups and then discussing ideas with everyone.
- There will be around 20 – 30 attendees at the workshop, including the team from the University of East Anglia and others involved in developing cancer services from around the country.

How will I benefit?

You will have opportunities to:

- Learn about the intervention to support people living with cancer to self-manage long-term problems after cancer treatment.
- Contribute to developing and planning the next steps in the research to deliver benefit to people living with problems after cancer treatment.

We will give a £20 voucher for your time.

Who can take part?

We want to involve both those with experience of living with cancer along with those involved in planning or delivering cancer services for local communities. Participants will be from a range of backgrounds including patient groups, policymakers, NHS staff and researchers.

Is this you? Are you interested in helping us?

Can you spare the time to take part in a virtual workshop (75 min.) on 3rd March (afternoon) or 7th March (morning) – you only need to attend one workshop.

We'd love to hear from you – please fill in the [form](#) to let us know if you are interested or email Kumud Kantilal (k.kantilal@uea.ac.uk) for more information.

Please share with networks.

