

What is Prevention?

Prevention and Early Detection in Health and Social Care (PEDHSC) is one of the research themes of the NIHR Applied Research Collaboration (ARC) for the East of England (EoE). We are working to identify and address ways to support different populations to sustain their health and wellbeing. You can find out more about the research we do as part of the ARC EoE here:

<https://arc-ee.nihr.ac.uk/covid-19-projects-innovations-and-information/prevention-and-early-detection-health-and-social-care>

We still have a lot of questions about what 'prevention' means, as people often have very different experiences and ideas about health, wellbeing and care.

The general definition of prevention is *an action stopping something from happening*. In health, it means taking action to lower the chance of getting ill or more ill, or needing more care.

What does prevention mean to you?

We are asking local people and community groups what prevention means to them, in terms of their health, wellbeing or care. We want to put the answers we get on our website and use them to inform our research. We would also like to tell people where we got this information from, so we are asking you if you would like to include your name (you can just give your first name if you like) and the town you live or work in.

If you have any questions or suggestions about this project please contact the project's Senior Research Fellow Claire Thompson on 01707 289 345 or c.thompson25@herts.ac.uk. If you think your group would like to answer these questions but would need to go about it in a different way or you think we should ask different questions then we would really like you to get in touch.

Please could you take a few minutes to help us? You Can write as little or as much as you like.

1) What does prevention mean to you?

2) What is your name? (or the name of your group)

3) What is the name of your town?

4) Would you like to include a photo (of yourself or a significant place or item)? If so, please attach it.

If you would like to include a photograph then please take a minute to read and fill in the release below:

I consent to the image being used by the NIHR for the following purposes:

- Internal and external reports and displays
- Internal and external communications, publications and online
- To promote clinical research through communications campaigns, including the media (hard copy and social media)
- For other NIHR platforms and projects promoting research
- I understand that resources may be in circulation for a number of years
- I agree that the above may be kept on file for future use until such time as I declare otherwise by withdrawing my consent.

I agree that it is my responsibility to keep the NIHR updated with any changes in my circumstances.

I understand that I have a right to withdraw my consent at any time and to exercise that right I must contact ARCOffice@cpft.nhs.uk

I understand that on withdrawing my consent all appropriate steps will be taken to remove the materials as quickly as possible, but that it may not be possible to stop their use completely.

Name		Date	
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