

## Prevention and Early Detection in Health and Social Care (PEDHSC) theme

### Information Sheet

#### Prevention and early detection in health and social care

We will identify and address ways to support different populations to sustain their health and well being. We will develop a better understanding of how to help key groups care for themselves and others, recognise the signs of illness, and take action. We want to help find ways to improve outcomes for patients and the public.



By engaging and working with partners and communities, we aim to support health and care research that responds to, and meets, the needs of local populations and local health and care systems.

We work with local communities and health and social care staff to develop and evaluate strategies for early detection and referral to services, based on available evidence.



#### Current priority areas for research include (but are not limited to):

- Diet, obesity and malnutrition
- Infection control
- Cancer
- Carers' health and wellbeing



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## Overall aims of our work:

- *Addressing inequalities* - in health, care and wellbeing services and outcomes.
- *Understanding broader influences on health, care and wellbeing* - including work, income, food, benefits, and housing.

## What is ARC East of England? <http://www.arc-ee.nihr.ac.uk/>

The NIHR ARC East of England is a five year collaboration between researchers, NHS Trusts, local governments, charities and industry partners across the region. We aim to improve care by undertaking applied research which supports NHS and Social Care staff to change practice and look at whether care and treatments are effective and provide good value.

## Who can I contact for more information?

Our team:

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