



Impact of Public Involvement in Research

Involving people with multiple long-term conditions

System mapping of care pathways for multiple long-term conditions

There is an urgent need to reform healthcare systems to improve the overall quality of care for patients with multiple long-term conditions (MLTC). The aim was to identify gaps in care, explore challenges faces by patients with MLTC, their carers and clinicians, and develop ways to improve management across care systems.

A core patient and public involvement group provides feedback on methods and study materials. We held three workshops with health and social care providers, people with at least two MLTC (advisors), and caregivers.

The workshops revealed the need for a more integrated and holistic approach to care, improved communication across healthcare systems, and better coordination between services. It also highlighted the importance of mental health support for both patients and caregivers. Practical solutions to streamline processes and improve the overall care experience were also provided.



"It made me feel valued to be part of a group that looked into the difficulties faced by people living with multiple long-term conditions and how to make processes easier for us. It was great to hear the perspectives of others in the group who are in healthcare or looking after those with multiple conditions. It was clear that there were many different aspects that, when combined, formed considerable barriers and how different people's experiences were"

A male advisor living with MLTC

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