

We asked people in the...

THURROCK COMMUNITY

with a

learning disability
and/or autism

...to give their thoughts and opinions on
4 points raised from the LeDeR report.



The LeDeR report aims to learn from the lives and deaths of people with a learning disability and/or people with autism.

This poster gives a summary of the findings and provides insight on how we can improve the health and social care services people access in Thurrock to enable longer, happier and healthier lives.

1. Access to services



When anything goes wrong it can quickly become a really big problem and it is difficult to get help



We need:

A range of accessible information on services for support and healthcare



Continuous communication between people, healthcare and services

2. Being involved in decisions about care



It is important to be given a choice and offered the chance to make an independent decision with additional support if required



We need:

Easy read information – widely available across all health issues



Access to an advocate



Lasting Power of Attorney in place to support individual's wishes in cases where people are not able to make informed decisions

3. Relationships between health professionals and patients



It's not always easy for people to prioritise their health. There needs to be support and good communication to ensure that people's lives are healthy and fulfilling lives



We need:

A central place for records and one point of contact or nurse to support care and treatment



Reducing barriers: financial strains, lack of transport, anxiety that can lead to people not accessing care

4. Preventing future health problems



Income is a factor in accessing services – dental and eye exams are not a financial priority for some people



We need:

GPs or other assistance to support people with attending vaccinations or health checks



Health campaigns targeted at disabled people and access to affordable and suitable physical activities



A 'one stop shop' with advice, information and access to facilities