

Inclusive Involvement in Research post COVID-19: Making it different

Reflection on workshop held 2nd March 2021

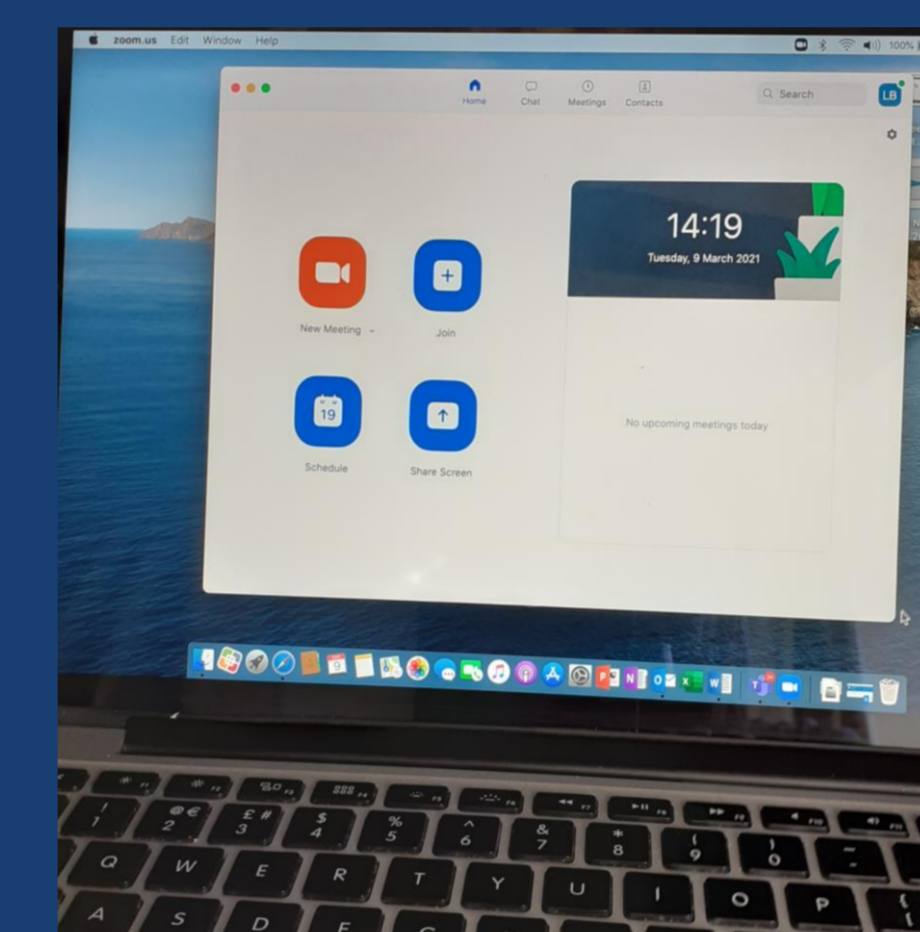
Poster by members of Inclusive Involvement in Research for Practice-led Health and Social Care Theme.

Poem: kind permission by Amander Wellings, PPI co-applicant in PHIRST Workshop chaired by Becki Meakin, Shaping Our Lives

The workshop

- *Aim:* bring together people from outside and inside academia to share experiences of public involvement during the pandemic
- *Collaboration:* developed with Shaping Our Lives *Design:* a mix 5 minutes presentation and discussion groups
- *Attendees:* over 50 people from across the country: public, community groups, voluntary sector and academics

Staying involved with public partners during COVID -19



Reflections on current working

Working virtually has broken down barriers - helped us feel like a team working together

If something does not affect us it is hard to think of ways to make it more equal

Using creative mediums to include people

Poetry, Photography, Painting, Video, Miro, Google Jamboards



Workshop evaluation

10 people strongly agreed learned new, useful things, 11 people agreed, 3 people were not sure

Great discussions - let's do this again next year!

I have stolen so many great ideas from you all

Making it different post COVID-19

Do not lose new connection due to geographical distance
Explore more creative ways of engaging with people
Understand how to manage blended events (virtual and in person)
Keep the power of short engagement activities

Take time to build relations in virtual world: prepare and debrief outside of formal meeting

Keep flexibility and connection

Important to have choices about how we connect – ask what works

Further information from linda.birt@uea.ac.uk

Disclaimer: This is a summary of research supported by the National Institute for Health Research (NIHR) Applied Research Collaboration East of England. The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health and Social Care.

Poem shared during workshop

Co produced with the Central Phirst* Team at Herts Uni.

Drug and Alcohol service users in- Leeds
Disseminating Poetically.

Amander Wellings- Service user co applicant on the Central Phirst. Official bard /poet of the team.

Pandemic Working?
Virtual Reality –Steals Reality
Isolating, stressing, straining.
Time Warps – groundhog days
Climbing outside of your box.
Muppet jumps, gain chairs attention.
Legacy hand, I need helping hand.
Type in chat- no space to chat.
Home schooled Billy wants attention.
Rover Cat's Arse zooms into view.

I.T gremlins- dodgy connections.
Living space voyeurism- "nice painting"
Desert island filter, offers up escapism.
No commuting, world of collaborations
Dynamic, transforming.
Forever adapting, access challenges.
Dividing, whilst uniting.
Covid 19 will not MUTE us.
Powerful is the service user voice.
(amander wellings 2/03/2021)

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*public Health Interventions responsive studies teams

Permission given to use this poem which is a creative output from NIHR Public health interventions responsive studies team (PHIRST Group)