

# SUPPORTING OLDER PEOPLE LIVING WITH CANCER TREATMENT-RELATED PROBLEMS

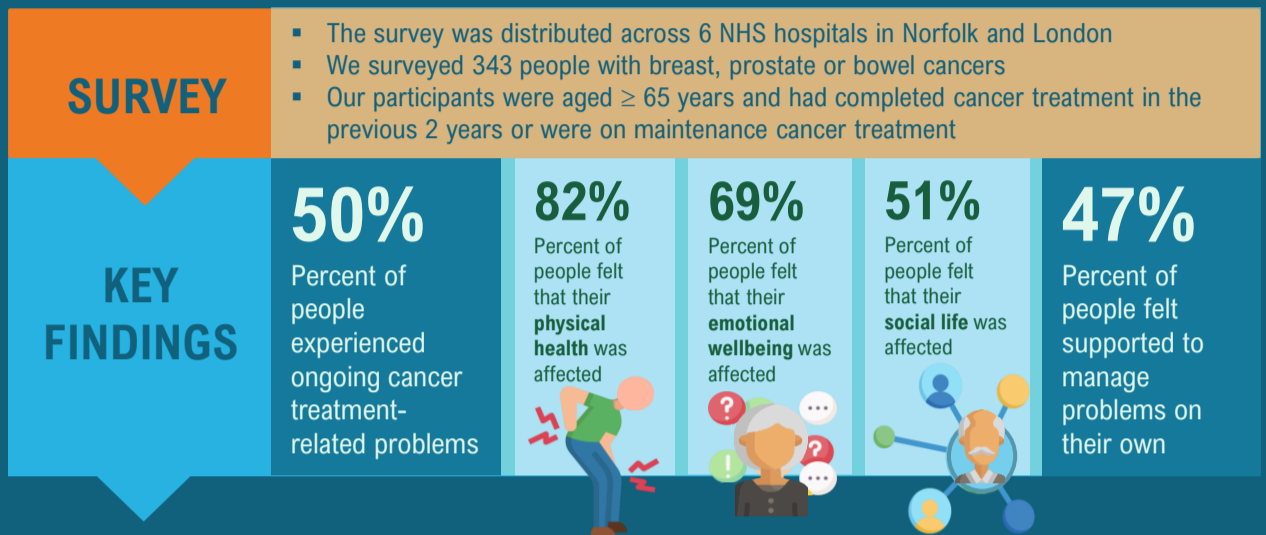
## Why is this research important?

Some people can self-manage the ongoing physical, emotional and social problems after finishing cancer treatment. For those not self-managing, we wanted to see how primary care teams could provide extra support to allow people to cope better.

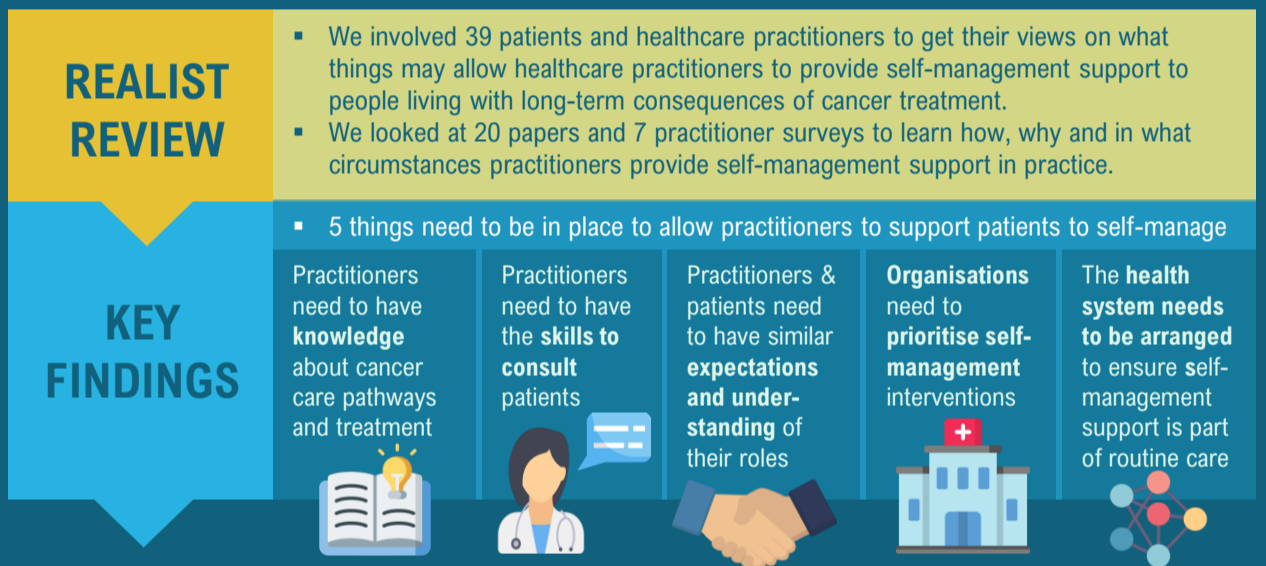
## What did we do?

We did three studies to understand: (1) what problems older people experience after completing cancer treatment, (2) what helps or stops primary care teams from supporting people to self-manage and (3) what a self-management support service for older people living with cancer would look like in primary care?

## STUDY 1: Understanding the nature and size of the problem



## STUDY 2: Knowing what helps or stops healthcare practitioners from supporting people to self-manage after cancer treatment



## STUDY 3: Co-designing a self-management support service



## What next?

- We want to work with patients and healthcare practitioners to see if we need to make any changes to the proposed new service in general practice.
- We then want to evaluate this new service to see if it will help people living with ongoing cancer treatment-related problems to better self-manage and improve their health and wellbeing.
- We will do this by conducting an initial feasibility study with a view to completing a randomised controlled trial later with general practices across England.

This research is part supported by the National Institute for Health Research (NIHR) Applied Research Collaboration East of England. The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health and Social Care.

This research is funded by Pharmacy Research UK (PRUK-2018-PA-3-KK) and the British Oncology Pharmacy Association (PRUK\_BOPA-2019-4-KK). The views expressed are those of the author(s) and do not necessarily represent the views of the funder.