



Information leaflet for Friends/Relatives of People in Care Homes

Care Home Activity Providers facilitating Public Involvement in research (CHAPPI)

Invitation

Would you like to take part in the CHAPPI (Care Home Activity Providers facilitating Public Involvement in research) study? This leaflet tells you about the study and what taking part would mean for you.

It is important for you to understand why the study is being done and what it involves. This will help you to decide whether or not to take part.

Please read the following information carefully. Talk to other people about it if you wish. Contact us if you have any questions before you decide. Here is how to get in touch with us:



Anne Killett, a.killett@uea.ac.uk, 01603 593319



Megan Davies, M.davies2@uea.ac.uk



Who is involved in this study?

The CHAPPI study is being led by Dr Anne Killeth at the University of East Anglia, with a team from the National Activity Providers' Association (NAPA), University of Hertfordshire, Auburn Mere Care Home, London Borough of Barnet, and Skills for Care.

Why are we doing this study?

We would like to understand if listening to people living in care homes can make research about care homes better. We will learn about this during activities organised by activity providers (also known as activity coordinators or wellbeing leads in some homes). We would also like to know if these activities are a positive and meaningful experience for your friend/relative.

We will use what we learn to put together a 'how to' guide for conducting future research involvement activities with people living in care homes. This will be for activity providers and researchers to use in the future.

Who is funding the research?

The CHAPPI study is funded by the National Institute for Health and Care Research. They are a government agency that fund research into health and social care.

Why have I been invited to take part in the study?

You have been invited because at the moment, your friend/relative lives in a care home where public involvement sessions will be run by activity providers.



Do I have to take part?

No, taking part is voluntary and is entirely up to you. You do not have to take part and do not need to give a reason if you say no. If you say no, care of your friend/relative will not be affected.

What will happen if I agree to take part?

The public involvement activities in your friend/relative's home will last from 30 minutes to an hour. They are optional, open to anyone who is interested. If you agree to take part in this research we will ask you about your views of public involvement activities in the care home, for example what you think about that activity being done in the home. If you agree, we will record the conversation with you. However, you are free to say no to this, in which case we would write notes to remember what we have spoken to you about. Conversations will take between 5 and 30 minutes.

What are the possible disadvantages or risks of taking part?

We do not envisage any risks for anyone who agrees to take part in the study.

How will my taking part in this study be kept confidential?

We will keep all information about you, the care home and your friend/relative confidential. Any notes we make, or information given to us, will be anonymous.

We will need to save your information and any recordings, but we will do this securely at the University of East Anglia, consistent with the Data Protection Act 2018 and GDPR. All recordings and any personal data, for example, consent forms, will be destroyed 12 months after the study.

What if I don't want to carry on with the study?



You can change your mind about talking to us at any time. You can let us know while we are in the care home, or by contacting Anne Killett or Megan Davies. We will still use what we have learnt from you before you changed your mind, but will not ask you more questions.

What will happen to the results of the research study?

We will share the results of the study with other activity providers and researchers so that they can learn from it too.

Who has reviewed the study?

This study has been reviewed by Newcastle & North Tyneside 2 Ethics Committee (reference number 23/NE/0141). This means that they have made sure that all aspects of the study are ethical.

If you have any questions or concerns during this study, you can speak to Anne or Megan at any time and we will do our best to answer your questions. You can also contact Professor Kenda Crozier, who is the Dean of the School of Health Sciences at the University of East Anglia and independent from the CHAPPI study by post or phone using the contact details below.

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