



Care Home Staff – Information Sheet

Care Home Activity Providers facilitating Public Involvement in research (CHAPPI)

Invitation

We would like to invite you to take part in the CHAPPI (Care Home Activity Providers facilitating Public Involvement in research) study. It is important for you to understand why the study is happening and what it will involve. This leaflet explains how you can participate and what this would mean for you. Please read the following information carefully and discuss it with others if you wish. Contact us if you have any questions or would like more information before you decide.

Contact details for the research team can be found at the end of the leaflet.

Who is involved in this study?

The CHAPPI study is led by Dr Anne Killelt at the University of East Anglia, with a team from the National Activity Providers' Association (NAPA), University of Hertfordshire, Auburn Mere Care Home, London Borough of Barnet, and Skills for Care.

What is the purpose of this study?

The CHAPPI study aims to understand how activity providers in care homes and researchers can work with care home residents to enable them to become involved in research as members of the public and have their voices heard.

We know that lived experiences can influence research, making it more meaningful and relevant. However, public involvement in care home research rarely involves residents living in care homes. We have been working with the National Activity Providers' Association to change this. In previous projects activity providers ran public involvement activities with care home residents, using provider feedback and resident insight to inform research. We want to find out if this is positive for residents, care home staff and researchers.

We plan to use what we learn to produce a 'how to' guide for running research involvement activities with care home residents for activity providers and researchers to use in the future.



Who is funding the research?

The CHAPPI study is funded by the National Institute for Health and Care Research (NIHR).

Why have I been invited to take part in the study?

You have been invited because you work in a care home where the activity provider is running public involvement activities. The manager of the care home has agreed for the research to take place.

Do I have to take part?

No, taking part is voluntary. You do not have to take part if you do not wish to, and you do not need to give a reason.

What will happen if I agree to take part?

Firstly, public involvement sessions, lasting 30 minutes to an hour, would be run by the activity provider in your care home. These are designed by the CHAPPI team in discussion with your activity provider to present research studies to residents in a way that is meaningful and is suitable to the needs and preferences of the residents. Activities will use written words, pictures, videos and games to explain studies to residents and to help them to use their experience to influence the research.

A researcher from the study will be present in the home to observe some of the public involvement sessions. Observations will be made of people who consent to take part, which will be video recorded if consent is given by all participants. If consent to video is not given, we will write notes to remember what we have observed. Following this, we will conduct 1:1 interviews, between 5 and 30 minutes each, with the activity provider, residents, relatives and care home staff who consent to take part. We will ask about your experiences and views about the public involvement sessions. For example, did the sessions affect your work? If you agree we will make a voice recording of the interview. If you do not agree we will write notes. If you use signs to help you communicate, we will make a video recording of the conversation, if you agree. Only the research team will listen to or watch any recordings. All recordings will be destroyed at the end of the project.

As a thank you at the end of the study, participants will be offered a shopping voucher to the value of £20.



What are the possible disadvantages or risks of taking part?

We do not envisage any risks for you. This study is **not** about judging or evaluating your work or the care home.

How will my information be kept confidential?

All information you provide will be kept confidential, in adherence with the Data Protection Act 2018 and GDPR. Personal information obtained during the study will be anonymised, and any information noted during observations, conversations or interviews will have identifying information removed to protect your identity. In writing up the research, we will only use information which could not identify you or the care home.

All information will be stored in a secure platform, which is only accessible by the research team. The consent information (e.g. contact name and details) as well as any audio or video recordings will be kept securely on the University of East Anglia servers and will be deleted within 12 months of the end of the study. Paper copies of the consent forms will be stored securely at the University of East Anglia offices in locked filing cabinets and shredded within 12 months of the end of the study.

What will happen if I withdraw from the study?

If you wish to withdraw from the study, we will keep and continue to use any information you may have already provided during observations and interviews. We will, however, not collect any further information from you. You can withdraw at any time by contacting Anne Killett or Megan Davies (details below). You do not have to give a reason.

What will happen to the results of the research study?

We will analyse all information collected during observations, conversations and interviews and share the findings by:

- Writing a report for the funder of this research.
- Publishing the findings in academic journals.
- Presenting the results at conferences and commissioner and provider events.
- Sharing summaries of the results with the care homes, staff and residents that took part in the research.
- Trying to raise awareness of the results using social media and linking with local organisations.



The information collected will also form the 'how to' guide for future research involvement activities with care home residents, aimed at researchers and activity providers.

Who has reviewed the study?

This study has been reviewed by Newcastle & North Tyneside 2 Ethics Committee (reference number 23/NE/0141).

How do I contact the researchers?

You can contact us directly:

Dr Anne Killett, a.killett@uea.ac.uk, 01603 593319. Dr Megan Davies, m.davies2@uea.ac.uk



If you have a concern about any aspect of this study, you should ask to speak to Anne Killett or Megan Davies, who will do their best to answer your questions. If you remain unhappy and wish to complain formally, you can do this by contacting Professor Kenda Crozier, who is the Dean of the School of Health Sciences at the University of East Anglia and independent from the CHAPPI study. Contact Details can be found below.

Professor Kenda Crozier

Email: K.Crozier@uea.ac.uk

Tel: 01603 597094

Thank you very much for reading this information and considering whether to take part in this study.