

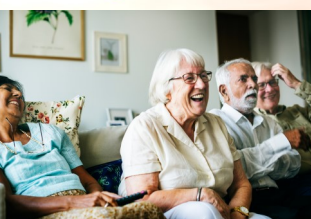


## *Would you like a say in the decisions and activities of our health and social care research?*

**We are looking for lay members (patients, service users, carers & members of the public) to join our NIHR National ARC Mental Health and Wellbeing Collaboration**

### **We are looking for lay members who:**

- Understand the importance of applied mental health and social care research.
- Can help develop and shape strategic mental health research across the ARCs.
- Can bring a national perspective on patient and public priorities for mental health and wellbeing (e.g. is a member of user-led groups or support networks in the mental health landscape)
- Have experience of patient and public involvement (PPI) in research or health care services
- Can understand and evaluate a range of information and evidence, strategy documents
- Demonstrate strong commitment to equality and diversity.
- Have experience and confidence of taking part in group discussions with senior stakeholders
- Have the ability to communicate effectively with a wide range of people and is willing to challenge where appropriate.
- Understand the need for confidentiality where appropriate.
- Are able to participate in formal and informal meetings (either virtual or face-to-face) during the working day.
- Can commit to at least two meetings a year, with potential for more (as capacity allows)
- Are willing to commit to a two-year term in this role.



### **NIHR National ARC Mental Health and Wellbeing Collaboration**

The NIHR ARCs are aiming to deliver national-level impact through significant cross-ARC collaboration. The National ARC Mental Health and Wellbeing Collaboration is one of these national themes, being co-led by the ARCs in the East of England and South London. It brings together key stakeholders from all the ARCs which have mental health research as a key component of their research programme.

**If you are interested in the role and would like more information, please contact Katherine Cummergen at [Katherine.cummergen@cpft.nhs.uk](mailto:Katherine.cummergen@cpft.nhs.uk) or Tina Coldham on [TRColdham@btinternet.com](mailto:TRColdham@btinternet.com)**

**Or you can see the role description and how to express an interest on our website [here](#)**

We will carry out a shortlisting process from the expressions of interest submitted. Those shortlisted will be invited for an online interview or over the phone.

**Express your interest by 12th March 2021 & interviews will be on 18th March**

Reimbursement will be offered for time spent preparing for and participating in the meetings. The usual rate for attending is £150.