

# EARLY CAREER RESEARCHERS PRESENT:

## Projects in Progress

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TUESDAY 31ST JANUARY 2023

12:00PM - 13:15PM

ZOOM EVENT

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# Event Schedule

**About the event** | We are delighted to host our third annual NIHR ARC East of England presentation of Early Career Researchers' projects. In this event, we will have four presentations of projects led by PhD students or early postdoctoral researchers. All researchers have strong links with our ARC East of England and are based at one of our partner universities. The event is a wonderful opportunity to celebrate the research that we are developing in our ARC East of England.



**12.00pm - 12.15pm | Welcome/Introductions** by event moderator, Eneida Mioshi, Deputy Director & NIHR Infrastructure Training Lead, NIHR ARC East of England, Professor of Dementia Care Research, University of East Anglia



**12:15pm - 12:30pm (including 5 mins of Q&A)** | Sally Humphreys, PhD Student, University of Hertfordshire

**Sally** holds a PhD Scholarship at the University of Hertfordshire studying end-of-life care in critical care.

**Topic: Developing Person Centred Outcome Measures in End-of-Life Care in Critical Care (PEACE-COS)**

An overview of the PEACE-COS study and the challenges encountered.



**12:30pm - 12:45pm (including 5 mins of Q&A)** | Amanda Farwell, PhD Student, University of Essex

**Amanda** is a PhD student at the University of Essex with an interest in service users' access to palliative and end of life care.

**Topic: Challenges encountered during a PhD do not have to be negative**

A reflective presentation on entering the third year of a PhD. Throughout challenges have occurred having an impact on both recruitment and progression of the research. Should this be viewed as having a negative impact or being beneficial?



**12:45pm - 13:00pm (including 5 mins of Q&A)** | Alice Wreford, PhD Student, University of East Anglia

**Alice** is a Senior Research Associate in the Health Economics and Prioritisation Theme, based at the Health Economics Group at UEA.

**Topic: The economic value of Social Connection**

Should we consider Social Connection when we are prioritising community health and wellbeing services? How can we think about the economic value of something inherently subjective?



**13:00pm - 13:15pm (including 5 mins of Q&A)** | Joel Owen, Associate Professor, University of East Anglia

**Joel** is an Associate Professor in Evidence Based Psychological Therapies. Joel's PhD focus is on wellbeing and psychological therapy trainees.

**Topic: What works for wellbeing interventions for psychological therapy trainees?**

This presentation will present findings from a Systematic Review exploring wellbeing interventions for psychological therapy trainees. It will also briefly outline planned studies to explore the meaning of wellbeing and possible interventions to increase trainee wellbeing.