

# Developing Research in Social Care

My experience of the ARC East of  
England Fellowship programme

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- How did I hear about the ARC Metal Health Fellowship?
- Why did I apply?
- What was the application process like?

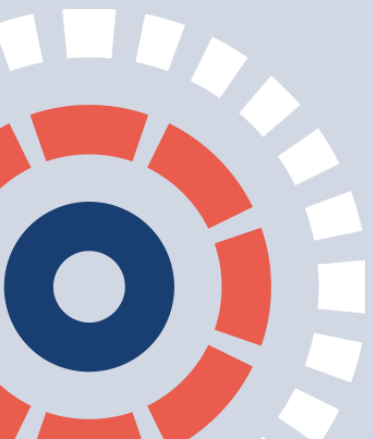


- A year of monthly workshops and bi monthly action learning sets

Research methods and design, ethics, critical evaluation, system approach and boundary spanning etc

- Culmination in showcase event to present poster and share topic, methods, findings
- Further series of Implementation workshops

Implementation science, project management in practice, stakeholder engagement, behaviour change etc



- Invitation to join Supervisor's Applied Social Science Group events and learning experiences
- Access to wider research community to support with practice based challenges
- Mutual support and collaboration



- Increased confidence in local and national policy and practice discussions
- Development of local 'reading group' between social care and mental health professionals to review new research and implement change
- New and sustainable skills and knowledge to apply to my Local Authority role
- Strengthening evaluation of and utilising research in practice based development
- Becoming an ambassador for evidence informed practice
- Keen to pursue future opportunities



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# Questions

