

How should the Applied Research Collaboration East of England work?



The **Applied Research Collaboration**

works with patients, carers and the public, health and social care organisations, local authorities, community and voluntary groups, and researchers in universities to improve health and care of patients and the public.

We want to be sure that our work is helping improve health and care in the region. We would appreciate hearing your voice and thoughts on this.

Please will you help us by answering a few questions about how we are going to work in the future?

1. Our research covers a lot of areas of health and care, including prevention of health conditions, mental health, older adults and living with multiple health conditions, end-of-life care, use of data to understand health, involving the public in research and delivering good value health and social care.



What do you think we should be researching to help make health (physical and mental health) and care better?

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2. We help with training and opportunities to develop skills in research for health and social care staff and researchers at the beginning of their careers. We also support members of the public to be involved in shaping research projects.



How else can we help people to have the skills to be part of research?

3. We work with the public, patients and carers and involve a range of communities. Some of our work has focused in socially and economically deprived areas in Great Yarmouth and Waveney, Peterborough and Fenland, Stevenage and Thurrock.



What can we do to help you get involved in research to improve health and social care (from coming up with ideas, taking part in research projects and sharing research findings)?

How could researchers be better at working with different areas in East Anglia?

4. We create a lot of evidence from all of our research work. We want to make sure this is accessible and used.



What would help you to make use of research findings?

Thank you for taking the time to answer our questions.

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